

The Pennsylvania Office of Consumer Advocate recommends preparing for expected seasonal increases of electric and natural gas prices. Here is a checklist:



Enroll in Budget Billing

This program can help even out seasonal increases by spreading costs throughout the year. Your monthly payment will be based on your annual usage. Contact your electric and natural gas companies for more information.



Review your Electric & Natural Gas Supply Contracts

If you are currently enrolled with a competitive supplier other than your utility provider, you should review your contract's pricing terms, and whether those prices will be fixed through the winter. If you are not sure what type of contract you have, contact your supplier directly.



Weatherize Now

There are some simple but effective ways to keep cold air out of your home and warm air in. Examples include:

- Install door sweeps
- Weatherproof your doors and windows
- Caulk cracks around window and door seals
- Protect your electric hot water heater by using a heater cover

*For more tips: <https://bit.ly/3EZSFIN>



Apply for Low Income Home Energy Assistance Program (LIHEAP)

This grant program is designed to assist low-income customers pay their heating bills. Grants can range anywhere from \$500-\$1,500 based on household size, income and heating type. For qualification and application information, visit: <https://bit.ly/3kcaVXc>



Contact your utility company to check your eligibility for assistance programs

Call your electric and natural gas distribution company to learn more about company-specific assistance that may be available. Some utilities have customer assistance programs, usage reduction programs and hardships programs run by community organizations. (Universal Services Numbers: <https://bit.ly/3C08PzH>)

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